

EXERCISE TREADMILL STRESS TEST REPORT

PID NO.: 202600243922

DATE: 07-APR-2026

Patient's Name: **ARLYN ABANADOR OGDEN**
Referring Physician: **MA BARBRA A. DESTAJO, MD**
Study No: **TST01-2026-0064**

Age/Sex: **46/F**
Birth date: **26-AUG-1979**
NOD: **LT INTO, RN**

MONITORED LEADS: I-II-III-aVR-aVL-aVF-V1-V2-V3-V4-V5-V6

Three minutes of walking at each indicated stage of exercise.

		SPEED (mph/k hp)	GRADE (%)	OXYGEN CONSUMPTION (ml O ₂ /kg min)	WORKLOAD (METS)	FUNCTIONAL CLASS	BP (mmHg)	HR (bpm)
CONTROL SITTING							120/80	72
CONTROL STANDING								
STAGES	1	1.7	10	16.1	4.6	II	130/80	120
	2	4.0	12	24.5	7.0	I	160/90	147
	3	5.5	14	35.35	10.1		170/90	151
	4	6.8	16	46.9	13.4			
	5	8.1	18	60.2	17.2			
	6	8.9	20	71.4	20.3			

Immediately After		1 min	3 min	5 min	8 min	11 min
BP	170/90	170/90	150/80	130/80		
HR	154	142	116	99		

EXERCISE STRESS TEST:

The patient underwent Treadmill Exercise Stress Test using **BRUCE** protocol with a maximum workload of **7.0 mets** and with total exercise duration of **6 minutes** and **19 seconds**. The peak BP and HR attained were **170/90mmHg** and **155bpm (89% MHR)**, respectively. The procedure was terminated due to shortness of breath. The patient did not complain of chest pain.

RESTING ECG:

Sinus rhythm with anteroseptal wall ischemia

EXERCISE STRESS ECG:

Occasional premature ventricular contractions occurring singly noted at stage I and stage II with more frequent premature ventricular contractions at the start of stage III and noted couplets and non-sustained three beats Ventricular Tachycardia (VTACH) noted during peak exercise
Exaggerated blood pressure response to stress
Good exercise tolerance

CONCLUSION:

Abnormal exercise treadmill stress test at 7.0 mets


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CARDIOLOGIST